



Athletic Forms Check List:

- **EL2 (Sports Physical)**
- **EL1 Heart Screening (ECG)**
- **EL3 (Consent and Release Form)**
- **Athletic Handbook Agreement**
- **NFHS Video Certificates**
 - Sudden Cardiac Arrest
 - Heat Illness Prevention
 - Concussion in Sports
 - Sportsmanship

- Electronically sign in SportsWare

***Important: Please note new FHSA requirements for participation included in the check list. All forms must be up to date and cannot expire during any part of an athletic season.**

INSTRUCTIONS FOR LOGGING INTO **SPORTSWARE**ONLINE™

BMCHS is utilizing SportsWareOnline to collect important information for students participating in the Athletics Department.

The first time you visit SportsWareOnline, you will need to request to join using the following steps.

Please direct any questions to **Coach Emma**, emma.swindler@bmchs.com

To Create an Athlete Account

1. Go to www.swol123.net
2. Click **Join SportsWare** button in the Athlete/Parent block.
3. The School ID is **BMCHS Athletics**. Enter it in the box shown. Click **Next**.
4. Next, fill in all your information. Use your school email address if you have one.
5. In the **Select Your Group** drop down, choose the school you attend. (if applicable)
6. It's important you fill in all the information accurately so the ATC can appropriately match all student records.
7. On the next screen, verify you have typed in all your information correctly. Click **Finish**.
8. **Now you need to wait for the ATC to approve your account before being able to login.**
9. **When your account is approved, you will be sent an email to create a password.**

The image displays three sequential screenshots of the SportsWareOnline registration interface for an athlete or parent.

ATHLETE/PARENT
Want to join SportsWare?
Join SportsWare

PLEASE ENTER YOUR SCHOOL'S ID
School ID: [text box]
(Click here to join SportsWare with you received from the Athletics Department)
Cancel Next

PLEASE ENTER YOUR INFORMATION TO JOIN SPORTSWARE
Athlete's First Name: [text box]
Athlete's Middle Name: [text box]
Athlete's Last Name: [text box]
Athlete's Date of Birth: [text box] [dropdown]
Register as a Parent: ☒ ☐
Email: [text box] (If athlete, enter your parent's email address)
Select your Group: [dropdown]
Cancel Next Finish

PLEASE CONFIRM YOUR INFORMATION
Registering with: CBHS Soccer
Athlete Name: John Connor Smith
Athlete's Date of Birth: 1/1/2005
Register as a Parent: False
Email: [text box]
Group: CBHS
Cancel Next Finish

Your information has been saved.
After your Athletic Trainer accepts your request to join SportsWare, you will receive an e-mail to set up your password.
If you have any questions, please contact your Athletic Trainer.
OK

SPORTSWAREONLINE™

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- **Returning athletes-- do Not creat a new account. If you forget your log in, reach out to Coach Emma**

Adding Forms To SportsWare:

Navigate to the forms tab--

Athlete: AA Test, Athlete Test
Page: Dashboard

My Info
Med History
Exercise
Forms
Print
Logout...

ATHLETE PORTAL - ATHLETE

Forms: You have 0 form(s) to complete/download.

Status
Last COVID form: N/A
Your Athlete Information is **INCOMPLETE**. Please click [here](#) to complete it.

Game Status:
Practice Status:

Notices And Handbooks

Title
No records to display.

Show: ☒ Today ☐ This Week

Referrals

Title
No pending referrals.

Calendar: June 2026

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	7	8	9	10	11

Calendar

Click on the add button--

ATTACHMENTS

+ Add **Open** **Delete** **Make Obsolete**

☐ Include Obsolete Attachments

Title	Date Uploaded	Required	Obsolete	Signed By	Date Signed	Status
No records to display.						

Choose your file to upload-- Title is accordingly (i.e: EL2 page1, EL2 page 2, heat illness certificate, etc.)-- Click the OK in top right corner

ADD ATTACHMENT

Upload File

File: **Choose File** No file chosen

Title:

Ok **Cancel**

Always save and log out of your account!

Athlete: AA Test, Athlete Test
Page: Athlete Attachments

Save **Cancel**

ATTACHMENTS

+ Add **Open** **Delete** **Make Obsolete**

☐ Include Obsolete Attachments

Title	Date Uploaded	Required	Obsolete	Signed By	Date Signed	Status
No records to display.						